

Parents, please enter through the front door, side door cross from the track or the door by the bus loop.

Parent orientation for incoming 6th grade

February 13th at 6 p.m. in the LMS Commons



This is for parents only



Starting Strong!



BV Well and **BV School Counselors, Social Workers** and **Psychologists** invite you to a complimentary session especially for **5th and 6th grade parents** of new or soon-to-be middle schoolers. The session will help you support your child's wellbeing by addressing:

- expected social and cognitive milestones for 11 to 14-year-olds and the importance of championing your child's online safety at an age when access to smartphones and social media often increases
- the number one parent factor that fosters child wellbeing and what you can do to build and sustain it
- digital health and wellness practices for your family

Featuring:

- Dr. Libby Matile Milkovich, MD, Developmental and Behavioral Pediatrician, Children's Mercy Kansas City
- Annie Rusthoven from Screen Sanity, a nonprofit whose family-education programs help parents consider the role technology plays in their lives and connect with their kids in meaningful ways
- Panel Discussion with Dr. Libby, Annie and additional experts









